

“Experience the Best of Uganda”

7 days, Active – Nature & Culture

Day 1: Kampala (alternatively all day in Jinja for nature walks or water rafting)



- All day in Kampala (or optional in Jinja)
- Activities in Kampala (ask for options in Jinja):
 - Leave the hotel at 9am and visit the market
 - Visit to the giant tortoises of the King
 - Visit to the King Tombs
 - Tour of the town on a **Boda Boda**, -sort of local moto-taxi- and stop at an art craft centre
 - Around 4pm **visit the children of an orphanage.** Introduction to Luganda: the children will teach some basic greetings
 - Dinner with the children: you will **help to prepare the food** and you will eat the traditional African way
- Night in Kampala (or optionally in Jinja)

Day 2: Murchison Falls (alternatively Semliki National Park – great rain forest and hot springs)



- Leave at 7am. Drive to the **Rhino Fund** centre and go locate the rhinos in the huge conservation reserve
- Stop over at the many stalls on the road to try the typical roasted Cassava and other local food
- Reach **Murchison Falls** around 4pm
- Walk to the top of the Falls
- Night in the Park

Day 3: Murchison Falls (alternatively Semliki National Park – great rain forest and hot springs)



- At 7am morning game drive
- Afternoon on the **boat to the source of Murchison Falls:** on the boat you will see plenty of crocodiles, buffaloes, elephants, birds and hippos
- Night in Masindi

Day 4: Chimpanzee Trekking (or nature walk) at Kibale National Park



- Leave hotel at 7am
- Drive to the Kibale National Park and arrive around 1pm
- Afternoon **chimpanzee trekking** (or nature walk) in Kibale
- **Dinner with a local family** where you will learn about cooking traditional food
- Night in Fort Portal

UGANDA		UK
127, Albert Cook Road Mengo, P.O.Box 27645, Kampala +256 31 276727 / 41 270071 :Land Line +256 77 414866 / 77 488778 :Mobile	info@africadventure.net www.africadventure.net	Unit 1.12, Oxo Tower Wharf London, SE1 9PH Tel & Fax: +44 709 2197 109 Mobile: +44 786 6721 540

Day 5: Queen Elizabeth National Park



- Leave Fort Portal at 7am
- Packed lunch in Queen Elizabeth
- Visit to Ishasha around 2pm where you will look for the **climbing lions**
- Leave Queen Elizabeth around 3:30pm
- Arrive in Bwindi Impenetrable National Park around 7:30pm or in Kisoro at 10pm (according to the place for gorilla trekking)
- Night in Bwindi or Kisoro

Day 6: Gorilla Trekking (or Meeting with the Batwa Pygmies or half day mountain trekking)



- **Trekking the Mountain Gorillas (or Meeting with the Batwa Pygmies or half day mountain trekking)**
- Visit to a local market or trading centre
- Arrive in Kabale around 8pm
- **Dinner and traditional dance**
- Night in Lake Bunyonyi

Day 7: Equator - Kampala



- Quick visit to Lake Bunyonyi at 8am
- Drive back to Kampala at 10am
- Stop to see the **cattle keepers** around Lake Mburo and lunch en route
- Stopover at the **Equator** for pictures and souvenirs
- Drive to Entebbe or Kampala and arrive according to the time of the flight between 6pm and 9pm